


In recent years, heavy rain from typhoons and other disasters have caused multiple floods, [resulting in casualties within the prefecture.](#)

Use this **My Family Timeline** to create an action plan in the event of an emergency.

# My Family Timeline

(  Household )


First, confirm your home's disaster risk [on a hazard map!](#)

 Circle the risk(s) along the dotted line.  
(It is possible that both apply)


Risk of flooding due to river overflow

Risk of landslides


Evacuation site  
(shelters, relatives' homes, friends' homes)




Means of transportation to the evacuation site




Travel time to the evacuation site

 minutes

People and contact information to notify about your evacuation shelter (immediate family, relatives, etc.)



People you will contact and evacuate together with (neighbors, etc.)




**When there is a risk of flooding, pay attention to weather updates and evacuation notices issued by your municipality, and take action accordingly!**

**Disaster Prevention Warning Level**  
( Heavy rain, river flooding, landslides )

**What to do to avoid delayed evacuation:**

**Level 1 Early Warning Information**

◆ Improve your readiness for an emergency.

- ◆ Check weather information (typhoon information) on TV, radio, etc.
- ◆ Confirm the location of evacuation shelters, transportation methods, and travel times.
  - ※ Avoid going near rivers, rice paddies, or cliffs.
- ◆ Confirm essential items you will take with you when evacuating. (  check  )
  - ※ Pack those essential items in an emergency bag in advance.
  - ※ Review and adjust your essential items based on the season.

**Level 2 Advisory**

◆ Confirm evacuation procedures (shelter locations, evacuation routes, evacuation timing, etc.)


- Food  Drinking water  Medications  Medication record book  Towels  Plastic bags
- Change of clothes  Indoor shoes/slippers  Flashlight  Mobile phone charger  Masks
- Wet wipes  Cash  Valuables (bankbook, etc.)  Other ( )

◆ Change into comfortable clothing and shoes that are easy to move in.

**Level 3 Warning**  
<Evacuation for Elderly People, etc.>  
◆ People who need more time to evacuate should evacuate early.

People who need more time to evacuate and their guardians/chaperones should evacuate early (the elderly, disabled, infants, etc.)

When the Elderly, etc. Should Complete Evacuation

 Circle one option along the dotted line.

**Level 4 Urgent Warning**  
<Evacuation Order>  
◆ Everyone must evacuate from dangerous areas

Everyone must evacuate from dangerous areas

When All Residents Should Complete Evacuation

**Level 5 Emergency Warning**  
<Secure Safety Immediately>  
◆ Your life is in danger. Secure your safety immediately!

Once an emergency reaches level 5, there is a high risk of [being too late to evacuate safely!](#)

※ Some municipalities may issue evacuations for the elderly and others with a Level 2 Advisory or evacuation orders with a Level 3 Warning. When there is a risk of a disaster, be sure to confirm the information provided by your municipality!

<How to Use>

- Post this form in a visible place at home. Check it during a disaster and evacuate safely.
- Participate in municipal drills and double-check this form regularly, revising it if there are any changes.

# How to use the My Family Timeline

To avoid delays during a disaster, make sure to plan ahead when and how you will take action.

## ① Check the disaster risks around your home using a hazard map.

- A hazard map is a map that shows areas at risk of flooding and landslides, as well as the locations of designated evacuation shelters.
- Check the disaster risk of your home and places you frequently visit (school, workplace, etc.) on your area's hazard map.
- If your home is in an area with a high risk of disaster, fill out the My Family Timeline to prepare.

## ② Fill out the necessary information for evacuation.

- Fill out information such as shelter location, means of transportation, and a list of essential items so that you can evacuate immediately.

## ③ Check the timing of evacuation.

- People who will take longer to evacuate should evacuate early at the **Level 3 Warning (the elderly, disabled, infants, etc.)**.
- Everyone else should evacuate at the **Level 4 Urgent Warning Evacuation Order**.
- Confirm which timing you will need to evacuate and circle the appropriate one.

## ④ Act according to the My Family Timeline.

- When there is a risk of a typhoon or heavy rain, consult the My Family Timeline.
- Pay attention to disaster prevention weather information for released by the Japan Meteorological Agency, as well as evacuation information issued by your municipality.
- If a **Level 3 Warning (evacuation for the elderly and others)** or a **Level 4 Urgent Warning (evacuation order)** is announced, evacuate while there is still time.

**My family Timeline** ( family)

First, check your home's disaster risk on a hazard map. (Circle along the dotted line.)

Risk of flooding due to river overflow    Danger of landslides

Evacuation site (shelters, relatives' homes, friends' homes)    Means of transportation to the evacuation site    Travel time to the evacuation site (minutes)

People and contact information to notify about your evacuation shelter (family, relatives, etc.)    People you will contact and evacuate with (e.g., neighbors)

When there is a risk of flooding, pay attention to weather information and evacuation notices issued by local governments and take action accordingly!

Disaster prevention weather information (Heavy rain, river flooding, and landslides)	What to do to avoid being late
<b>Level 1 Early warning information</b> ◆ Be more prepared for disasters	◆ Check weather information (typhoon information) on TV or radio. ◆ Double-check evacuation shelters, transportation methods, and travel times. ◆ Check what you will take when evacuating (check ☑) ※ Pack your belongings in an emergency bag in advance. ※ Review your essentials before the season.
<b>Level 2 Warning</b> ◆ Confirm evacuation procedures, evacuation locations, and evacuation routes, etc.)	<input type="checkbox"/> Food <input type="checkbox"/> Drinking water <input type="checkbox"/> Medications <input type="checkbox"/> Medication book <input type="checkbox"/> Towels <input type="checkbox"/> Plastic bags <input type="checkbox"/> Change of clothes <input type="checkbox"/> Indoor shoes <input type="checkbox"/> Flashlight <input type="checkbox"/> Mobile phone charger <input type="checkbox"/> Task <input type="checkbox"/> Wet wipes <input type="checkbox"/> Cash <input type="checkbox"/> Valuables (bankbook, etc.) <input type="checkbox"/> Other ( )
<b>Level 3 Alert</b> ◀Evacuation for Elderly People, etc▶ ◆ People who need more time to evacuate should evacuate early.	◆ Change into comfortable clothing and shoes that are easy to move.
<b>Level 4 Danger Alert</b> ◀Evacuation Order▶ ◆ Everyone must evacuate from dangerous areas	◆ People who need more time to evacuate and their supporters should evacuate. (Elderly, disabled, infants, etc.)
<b>Level 5 Emergency Alert</b> ◀Urgent Safety▶ ◆ Life is in danger. Secure your safety immediately!	◆ Once it reaches level 5, there is a high risk of being too late to escape!

※ Some municipalities may issue "evacuations for the elderly and others" with a "Level 2 warning" or "evacuation orders" with a "Level 3 alert." If there's a risk of a disaster, be sure to check the information provided by your municipality!

## Useful Disaster Prevention Information

### ■ Ibaraki Prefecture Disaster Prevention and Crisis Management Portal Site

You can check the current warnings issued within the prefecture, the status of evacuation information issued by each municipality, and the status of evacuation shelters.



### ■ Ibaraki Prefecture | MY TIMELINE (Web Version)

You can create a My Family Timeline using your computer or smartphone.



### ■ Ministry of Land, Infrastructure, Transport and Tourism | My Town Hazard Map

A collection of links to hazard maps created by each municipality for easy access.



### ■ Japan Meteorological Agency | KIKIKURU (Danger Level Distribution)

You can confirm the warning level as flood or landslide risk increases.



### ■ Ibaraki Prefecture | Rainfall and River Water Level Information

You can check river water levels and rainfall information within the prefecture.

